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## April Team Returns from Zambia



The first of our 2010 volunteer teams returned this month from their expedition to Zambia, with much to share! What a gift it was to start the year with this great team of 15 passionate individuals. They ranged in age from 11 to 66, and came to us from Washington to The United Kingdom, and everywhere in between. Families, husbands and wives, mothers and daughters, and individuals, all with the same desires: to help, serve, love and experience. This team embodied the quote by Margaret Mead, "Never doubt that a small group of thoughtful committed people can change the world. Indeed, it is the only thing that ever has." Here are some of their thoughts:

## Sharing their Experience

"My trip to Zambia was a life-changing experience and I am so thankful I was blessed to be able to travel and take time to understand the Zambian people. My favorite learning experience from the people was "smile and the world smiles with you." It doesn't matter who I bumped in to, everybody was smiling and it was evident that their faith in the Lord Jesus Christ played a major role. Whether it was a woman on the street breaking rocks, men/women standing by the car trying to sell their produce or children at the compounds I visited, they all went about their business with a smile. The children taught me very much the same. Being a counselor I was able to offer some counseling services to some children who have been through terrible situations, much like my own but their faith in the Lord is helping them face life and the adversities which come along with it. I did realize that these children could all benefit from some form of counseling, just to be able to open up and let people know what's on the mind and in their heart would relieve so much of their problems. The experience has made me realize that I need to put my secretarial career aside and be a counselor full time. My talents

would be better utilized caring for vulnerable children, allowing them to see, through me, that there is hope. I want people to know about Zambia that although there is much poverty, the people in Zambia don't promote it or allow it to stop them trying to be the best they can with what they have. I loved my experience and I will definitely be back with Mothers without Borders to further educate those in need."

-Beverly Cole



**Volunteer with us in  
Zambia!**

**June and July teams  
are full.**

**Join us in September  
for a life changing  
experience of your  
own.**

**September 1-14 Team  
(6 spots available,  
Apply Today!)**

Cost for expedition:  
\$2500 PLUS airfare

[Application for  
Volunteer \(PDF\)](#)

We look forward to  
another year of  
dedicated volunteers as  
we strive to fulfill our  
goals, one child  
at a time.

When I cry for Africa, it is not because I feel pity for her. When I cry for Africa, it is because my heart aches in longing for the love I felt while I was there. In a country overwhelmed by devastation, endless deaths, and horrifying violence, She is still a country filled with many individuals who have tremendous hope and an abundant capacity to love. Her people, through their insurmountable trials, still have hope for a better tomorrow and brotherly love for each other and her visitors. I felt this tangible love on my first day there as I was hugged by everyone I met. This hug was not just a simple or casual pat on the back, but a hug that connected heart-to-heart and reached soul-to-soul. I felt this love in the smiles, the waves I received, and in the hands that took mine into theirs.

Perhaps it is because they have learned how to really love by their constant reaching out to those who are hungry, lonely, and in need of comfort. In their great sorrow they've learned to love abundantly. I was a stranger when I came here. I am leaving as a friend, a son, a brother, an uncle.

The people I met in Africa have faith. Not the passive type of faith where one sits hoping and waiting for rain to water their garden, but active faith. They know that if they plant the seeds, till the ground and nurture the soil, the rain will come. Faith built in complete confidence that if they work, the Almighty, their Creator will provide the rest. I do not minimize their pains and sufferings nor am I oblivious of their own humanity, but because of their tangible faith and their very own humanity, they are buoyed and lifted up. Through that process, they lift me up along with them. Because of the heavy burdens they've had to carry, they've learned to look up.

There is no greater gift I can take with me, than the strength and love of her people.

When someone asks me about my visit to Africa, I will tell them of the great love I felt from her people.

*Umitima wanji uli mu Zambia ishta yonse*

*Mutima wanga ulimu Zambia tawzunse*

Zambia is in my heart forever.

-Jerome Roque



all this, you see a cute pink sandal with a flower. To me, this picture illustrates many of the Zambian people. They all have many physical and emotion difficulties. Some days are easier than others. Despite all that goes on around them, they seem to find the joys in life. Not only that, they share it! This is one of the many things I learned from the people. Everyone has difficulties, hard times physically and emotionally. When we learn to focus on the "pink sandal and flower" and share that joy, those rough days seem easier. How we respond to adversity is what makes us who we are.

-Emily Ulrich

Alice is a 6yr old girl who lives at the Children's Resource Center. She was infected with HIV/AIDS at birth and did not receive proper treatment until she came to the CRC last Aug. She is doing better, but still has many health issues to live with each day. While I was in Zambia I spent some time with Alice and observing her. One day as the children were performing for us, she also decided to dance. She couldn't move much, but she got out there and decided to "shake it." I will not forget the "extra large" smile on her face and the joy she brought to all of us watching. You could feel the energy and love each person radiated as we felt happiness while watching her.

This picture is of Alice's foot. You can catch a glimpse of the skin deterioration and the flies that swarm to her. (She hates the flies.) Amidst



## How YOU can help.

The needs are great and we so appreciate your willingness to join us in our efforts to nurture and care for the orphaned and vulnerable children of our world.

Our primary areas of focus are:

**Strengthening Families:** by helping them improve food production, increase income and job skills, AIDS awareness, education and prevention, HIV testing and counseling for those found to be HIV positive.

**Empowering Women:** through literacy and education, skills training, micro credit loans and stipends for those willing to raise orphans as their own.

**Protecting Children:** found in child headed households by providing them with a safe place to live, clean water and food, grief counseling, education, HIV awareness, skills training and caring adults to encourage and guide them.

The best way for you to help us accomplish these goals is by providing financial support. In this way we can move quickly and in the most productive and sustainable way to meet their needs. There are many ways you and your group or family can help. AS SUMMER APPROACHES, IT'S A PERFECT TIME TO DO ONE OF THE FOLLOWING PROJECTS AND GET YOUR FAMILIES AND NEIGHBORHOODS INVOLVED.

Here are just a few ideas that have been successful for others:

**Hold a used book sale,** with proceeds to benefit our school in Zambia or one of our literacy programs.

**Organize a community yard sale,** with proceeds given to Mothers Without Borders to build homes for widows caring for orphans.

**Have children/families collect loose change** for a month, then have a coin counting party and celebrate the good you have done

These are just a few ideas that can generate the much needed funds for us to continue this critically important work. As you get involved, as you involve your friends, family and neighbors and as you spread the word, you are raising awareness and helping us create solutions all at the same time! If you would like more information on any of the activities listed above, please email us at [leah@motherswithoutborders.org](mailto:leah@motherswithoutborders.org).

### What if we want to do more?

Join us for a **volunteer expedition** to Zambia, **Pray** for the children, **Invite your family and friends to become members**, Purchase a copy of the **Worth of a Soul painting**; proceeds benefit programs in Zambia, Help out at our **Annual Boutique Fundraiser**.



## A word from the Founder-

A huge thank you goes out to all who continue to support this critical work, and in this issue we focus on our volunteer teams. It's hard to believe the impact one

person can make in just a few short weeks, but the lives that are touched and changed every year, from their interaction with our dedicated volunteers continues to touch my heart and increase my gratitude for good people everywhere. The work of Mothers Without Borders is going forward, surely and steadily, and we couldn't do it without everyone doing their own small part. Albert Schweitzer said it best, "I have always held firmly to the thought that each one of us can do a little to bring some portion of misery to an end." Wherever you are, at home or abroad, as you share a smile, lift a burden, reach out to one who needs to know someone cares, offer your talents, and give freely of your love, YOU ARE MAKING THE WORLD A BETTER PLACE.

## Donate Now

Help us eliminate the feelings of fear and despair that too many children experience each day. We want our world's most vulnerable children to know that we hear their silent cries and will reach out to comfort them. Working together, we can change the world, **one child at a time.**

Please fill out the [donation form online](#) or [print and mail](#) your donation form to submit your cash donation. Even the smallest gift can change a life. For example, your gift of \$25 will feed an orphaned child for an entire month. Won't you share your abundance with those that have so little?

Mothers Without Borders is a 501(c)3 non-profit corporation. All donations are tax deductible to the extent provided by law.

